



ARIEL YARGER

Mothers: Surviving and Thriving

For Ariel, motherhood was a sacred, intentional calling. After raising 11 children, she wants to share the joys and lessons of motherhood with mothers of young children. She does not see herself as a perfect mother. She is one who did the best she could, with what she knew at the time. After 40+ years of mothering she has strong intuitions mothers and children, their needs and challenges.

Ariel is certified as a life coach through the Life Mastery Institute and the Quantum Success Coaching Academy. She is building a Law of Attraction Life Coaching business to work with mothers of young children between birth and 3 years. As mothers work with her, they will discover a wealth of information within themselves to solve some of their most pressing challenges. Mothers will acquire new tools and strategies to be more creative, caring, and loving with their children. Each mother will value themselves, experiencing strength and assurance. They will relax and be more flexible in their lives looking for each child's uniqueness as they survive and thrive together.

ARIEL'S MOST POPULAR MEDIA TOPICS

- ✓ **Coping with the numbers of a large family** - Discuss the routines and organization I used to keep our family running smoothly.
Value add for the audience - Our family adjustments can help any size family and can be implemented easily.
- ✓ **Topic Name** - Share the story of Andrew's death, the changes it brought then and now, and the things we do to remember him.
Value add for the audience - It will encourage and ease the pain of those who have lost a child.
- ✓ **Dealing with a special-needs child** - Describe Nathaniel's birth and coping with his Downs Syndrome and further debilitating effects of spinal meningitis. His acceptance into the family, family adjustments because of him, and the differences he still brings to the family.
Value add for the audience - It will encourage families with special needs children, focus on the gifts of love and the lessons taught by their special-needs child.

PRAISE

"...I reached my goals and was held accountable... Her experience and passion helped me step forward. When you work with her, you get her compassion and positive attitude."

—Susan Lamb

CONTACT

✉ arielcoachingmoms@gmail.com

☎ 719-648-6035



@Ariel coaching moms
@sibyar