

CAROLINA VASQUEZ

LIVING FROM THE SOUL



Carolina Vasquez is a transformation catalyst who supports people to align with their Souls to create a Soul-driven life by embracing simplicity, expanding their mindset, and aligning their energy so they can find the freedom, clarity, and love to create a life that honours their uniqueness and matches their truth, guilt free with zero regrets.

She passionately believes that everyone can have a Soul-Driven Life, meaning a happy, meaningful, purposeful, peaceful and prosperous life, regardless of their age or current situation.

She works with professionals over forty and at a crossroads feeling unfulfilled, craving for a deeper connection, stuck, confused about what they really want in life and fearing having regrets because they are running out of time. Her mentorship focuses on adopting a LIVING FROM THE SOUL lifestyle.

Carolina had an inspiring road from corporate to consciousness. Following the apparent success, she built a career in science and management in renowned corporations for over two decades, ending successful but unfulfilled. Her relentless pursuit for meaning, purpose, and happiness took her out of the apparent success path into Soul connection.

CAROLINA'S MOST POPULAR TOPICS

✔ **LIVING FROM THE SOUL:** is a lifestyle that involves five pillars: an unshakable mindset, an energetic awareness, an open portal with the Soul, the power of conscious choice and a commitment to endless self-discovery.

Added value for the audience: In a world with record numbers of unfulfillment and depression, your audience will raise awareness on a piece of the puzzle often neglected yet fundamental to their fulfillment, daily choices, and ultimately happiness.

✔ **FROM MATTER TO LIGHT:** a new light era has emerged, and humans are called to upgrade their beliefs, habits, and systems. We will have to pass the frontier of matter as we know it and dive into the energy world. The global crisis is a wave of evolution and transformation, and we all have our part in it right now.

Added value for the audience: Your audience will get a higher perspective on these transformational times and how it affects them individually so they can shift from powerlessness to empowerment and compassion, know what to do and how to navigate the transition.

INTERVIEWS



✔ **FROM MIND TO SOUL**

✔ **MANAGE YOUR ENERGY AS YOUR CURRENCY**

✔ **THE FOUR FACES OF SELF-LOVE**

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