



DR. AZIZ GAZIPURA

World's leading expert on confidence

Dr. Aziz is a clinical psychologist and one of the world's leading experts on confidence. After being stuck in shyness and social anxiety himself for almost 10 years, he became determined to find a way to freedom. Through thousands of hours of his own training, counseling, reading, group work, and coaching, he has truly mastered what it takes to break free into a life of confidence.

Through his unique blend of compassion, humor, and personal courage, Dr. Aziz has helped thousands of people all over the world increase their confidence. Dr. Aziz lives out his mission: To help every person who is stuck liberate themselves to pursue the relationship, career, and life they have always dreamed of.

DR. AZIZ'S MOST POPULAR MEDIA TOPICS

- ✓ **How To Build Self-Esteem** - Dr. Aziz can teach your audience how to overcome their inner critical voice and replace it with unconditional self-worth. This will be highly beneficial for any person who wants to increase their confidence and their impact in the world. It is challenging to have a positive impact in our career & relationships when we are constantly putting ourselves down and living life against ourselves. Dr. Aziz teaches you how to break the pattern.
- ✓ **How To Overcome Fear** - Fear is the unseen force that prevents us from taking the bold action needed to change our lives. What would you be willing to do if you were not afraid? What kind of progress would you make in your health, career, and relationships? Dr. Aziz can teach you how to break through the fear that holds you back.
- ✓ **How To Be More Bold And Assertive** - If you find it hard to be assertive, directly ask for what you want, or say "no" to others, then you just might be suffering from too much niceness. Dr. Aziz uses engaging stories, humor, and disarming vulnerability to cut through the nice conditioning and liberate the most bold, expressive, authentic version of you.

PRAISE

"I felt broken. Everyone else seemed so comfortable with themselves, and I just wasn't. When I found Dr. Aziz, it felt like he was really speaking directly to me. I invested in this program and I've felt incredible ever since. It's such a liberating experience."—**Anelle M.**

"Before I found Dr. Aziz, I was stuck in a cage of my own making, and I struggled to be myself, in almost any situation involving other people. Working with Aziz helped me supercharge my growth and I broke free of the self-imposed cage I was in, and leveled-up continually—in friendships, dating, and business."—**Travis K.**

CONTACT

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