



Paul Lawrence Vann

Your Money Mastery Coach & Mindfulness Life Coach

Coach Paul is a retired lieutenant colonel from the United States Air Force (USAF), he served over 20 years as a financial manager and 12 consecutive years in the Pentagon, to include a year as a Capitol Hill Fellow working for a member of Congress in the U.S. House of Representatives. He is a two-time # 1 International Best-Selling Author and has written three solo books and three co-authored books. He earned a master's degree in business management and a master's degree in acquisitions. Paul performed cost and budgeting expertise on multi-billion-dollar acquisition programs with defense contractors for the USAF. Paul coaches clients to have a healthy relationship with their finances, works with them to take a mind over money approach to becoming debt free, while positioning them to generate wealth. Paul started in the finance and business arena at age 10 when his parents opened a community grocery store, he was an unpaid intern in their store. Today Paul works to help people avoid mortgage foreclosure and how to avoid going to court as a result of owing creditors for personal loans and credit card debts, he was a financial guest for a local CBS television station in Washington, DC and he provided expertise during the great recession of 2008. He hosts Wealth Academy Podcast.

PAUL LAWRENCE VANN'S MOST POPULAR TOPICS

- AVOID FINANCIAL CRISIS – Listeners discover how to avoid losing their home to mortgage foreclosure as a result of COVID-19. They will discover the steps to losing their home. Listeners will also discover how to avoid being summoned to court for credit card debt and or personal loans.
- MINDFULNESS ENHANCES YOUR HEALTH – Listeners learn to enhance their immune system through mindfulness. The #1 concern of people today is their health, Coach Paul shares the amazing benefits of mindfulness and how it improves their health.

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