

Practice daily exercises. Remove limiting beliefs.

There is a simple step-by-step method you can start implementing in your life today to remove your inner barriers and overcome current challenges. This solution will change your life, just like it did for many others, including myself.

This self-empowerment system will help you transform yourself and achieve success in various areas of your life by Unclogging Your Brain™.

## Ewald's most passionate and fun media conversations...

+ Unclogged! How to remove your inner barriers to success.

Unclog: [to remove a difficulty or obstruction] What are your listeners struggling with - and most importantly, how can they flush it away? My method will teach them how.

Value add: Reduce - Reuse - Recycle! How to reclaim your drained energies by clearing the "resistance trap" - the bend in the pipe that clogs your inner flow.

+ Start With Why Not<sup>™</sup> - your deepest inner fear - which could be your calling - and how to turn it into personal greatness!

After reading "Start With Why" by Simon Sinek, one of my all-time heroes, and another 1,000 incredible books, I still could not crack my "personal failure code." I then decided to take matters into my own hands since fear is an inside job after all. Your listeners will discover simple answers to find their personal truths from within, like what do FEAR and FAITH have in common?

Value add: What's my one belief? - By eliminating it, does everything else become easier for me?

+ Belief Plumbing 101 - How to get rid of stress and anxiety for good! Your listeners will learn within 5 minutes what took me 45 years to comprehend... those who wait for the courage to commit are not remembered. Those who start with commitment find the courage - and will never be forgotten! Commitment changed my life overnight - and today it can change yours too! That's why I call it: The One Commitment<sup>™</sup>.

Value add: You cannot rewind your brain - but you can rewire it. How to reboot your inner greatness and authenticity! My method will teach your listeners how.



Ewald is a former plumber recently converted into a self-help coach.

## From plumbing to self-help coaching:

I spent the last 30 years working in the homes of everyday people including some of the most successful individuals in the world. I developed great relationships with my clients and often had revealing conversations with them. I witnessed the struggles in their lives as well as their inner greatness.

Eventually, I started noticing a pattern among the challenges experienced by my clients. I identified the common set of beliefs that seemed to affect their lives and developed a method to empower and help them overcome their challenges.

Today, after unclogging thousands of toilets, I now help people Unclog Their Brains™ and transform their lives for the better.



Testimonial from one of my clients:

You're so warm, passionate, alive, and full of wisdom and insight. It's obvious you love people and really care and want to be of service. — Tomar L.

Ewald is the author of the upcoming book "Start With Why Not" ™



**Connect with Ewald** Email: coaching@ewaldstoffler.com Web: www.ewaldstoffler.com Phone: 310-770-3316