



Julie A. Saillant

Divine Flow via Horse Wisdom for Peak Performance

The moment Julie heard the voice of a horse talking to her, she knew she was different. Through equine communication, she understood her path was to be “the bridge” that links humans with the sacred wisdom of horses.

From their powerful teachings, she created a 3 step process that gives anyone access to their power, wisdom and flow. This is not woo-woo, as the 3 step process is a combination of mindset hacks, horse wisdom, and spiritual laws that all equal peak performance. These teachings can transform lives by breaking the chains that bind people to unhappiness and offers them a glimpse of what life could be like with 1 grain of power that comes from a horse.

Her passion is holding sacred space for others to awaken to their soul’s purpose, and to live a 100% authentic life at the highest expression of who they truly are - without limits.

Certified Life Optimization Coach, Intuitive Empath & Mindset-Body-Soul Alignment Specialist, Speaker, Writer, Equine Communicator and Creator of Motivation-Addict.com

How different would your life be if you had 1 grain of power that comes from horse wisdom?

What if you could break the chains of the 9-5 and become fully empowered through the Divine Flow of Horse Teachings?

What would your life look like if you could reconnect with your intuition and lead your life from what makes your soul happy?

How much happier would you be if you could truly be you?

Julie’s Most Popular Media Topics

4 Positive Steps for Sports Rehabilitation After Injury
Are you STUCK since you’ve been injured unable to do the sport you love?

- ✓ Mindset tools that are game changers to get you back on track.

3 Proven Strategies for Overcoming Peak Performance Anxiety

Do you live in FEAR and anxiousness that keeps you from doing your best work?

- ✓ Learn simple and effective strategies to flow away from anxiety and into confidence.

Balancing Entrepreneur, Equestrian and Life Commitments

Are you in OVERWHELM with a hectic non-stop life, but not achieving your goals?

- ✓ Simple changes around prioritization will change your life.

Kind Words of Praise

Julie said something so simple yet so profound, it changed my life and will stay with me forever.

--Listener from the Bold Life Radio Show

Her teachings were music to my soul allowing me the freedom to FINALLY be me! Hallelujah!

-- Laurie D.



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