



DR. SHANA COMPTON

Dr. Shana Compton teaches you how to communicate effectively with others by utilizing your body language to send the right messages. She also prepares you to analyze the movements of the people around you to uncover signs of discomfort, stress, anger, fear, and much more so you can better serve your customers, be a present parent, and a supportive friend. She explains the sixth sense or “intuition” out the information your body gives away and amazed at what you can discover about other people after learning how to read and utilize body language and micro-expressions. You will be able to spot the right clues and use this secret language to decipher what other people feel. She will give you real-world skills that you can implement immediately to accomplish your goals and achieve true lifelong success.

DR. COMPTON'S MOST POPULAR MEDIA TOPICS

✓ **All Women can be Wonder Woman!** - Shana teaches women how to find their inner superhero! Have you faced adversity and feel like life keeps knocking you down? Shana's motto is “When the going gets tough, the tough keep going!” Shana knows, she has faced an abusive marriage, two brain surgeries, debilitating illness, chronic pain, and major depression. She lost the ability to communication with others when her brain was compressing her spinal cord and found that by reading body language she could understand what people were feeling and thinking. She wants to show you how you can harness this superpower and use it in business as well as your personal life to trade obstacles for opportunity. She teaches you to regain your confidence, find your voice, and provides you the tools to turn your pain into power.

- Build Instant Rapport & Make a Great First Impression
- Show Authenticity, Likability, and Trustworthiness
- Convey Confidence, Credibility, Power, and Authority
- Assert Command and Influence

✓ **Later-Dater** - Are you a person having to navigate the “dating scene” after 40? It has all changed! Online dating, Facetime, Skype, is it all throwing you for a loop? Do you need help with your profile? Your body language gives off more messages than you realize. Not only in your profile, but on that first date when you have that one chance to make a great impression. I can help! The right body language can increase your chances for a second date or third or even that perfect mate. Do you know the cues to look for when someone is attracted to you?

- Let me teach you about eye contact, gaze, blocking, eyebrow raise, fronting, leaning in
- Negative nonverbals and body language to avoid
- Haptics, proxemics, the head tilt, power body language, and active listening

PRAISE

“I thoroughly enjoyed your presentation. It will help me prepare for the rest of college and in the future with meetings and negotiations.”—**Student University of Oklahoma**

“Your presentation was spot on! Your body language expertise will help so much as we talk to families in the grieving stages. Thank you again!”—**Lifeshare of Oklahoma**

CONTACT

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