



## AMBER DEANN, BS, CCHT, Breaking Patterns - Shifting Relationships Expert & Author

Amber DeAnn is a life coach, hypnotherapist, intuitive energy healer, speaker and writer who helps people break those reactionary behavioral patterns, move out of feeling “stuck” and shift personal and business relationships to create harmony and warm self expression.

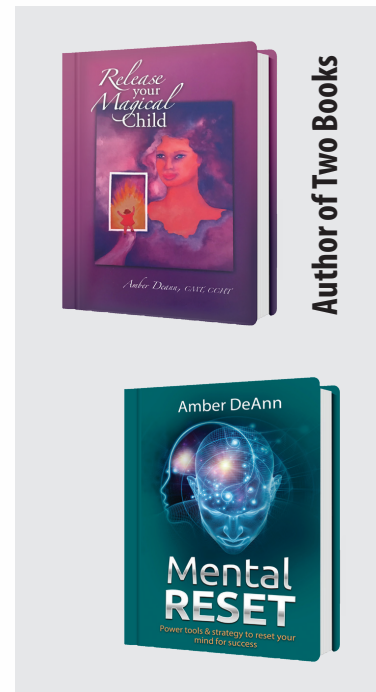
As a child Amber confronted child abuse from dysfunctional parents. She learned that presence, emotional detachment and humor can cut through the anguish everyone is feeling

She combines intuitive skills, Eastern ancient wisdom, science, psychology, and Higher Self connection in her workshops, classes and private sessions.

She is the author of *Release Your Magical Child*, a metaphysical journey from PTSD to wholeness and *Mental Reset: Power tools & strategy to rest your mind for success*. This in a self help, introspective guide of 12 steps and a system to shift your mindset and self image.

### Amber’s most popular media topics

- \* Moving out of stuck
- \* Breaking reactive Patterns
- \* Finding your Happy



## PRAISE

My physical health was connected to worry & stress. The music used during the class helped calm my fears and get me in touch with specific unbalanced emotions - Paula W.

Amber spoke to the business women’s group on making a business decision “without thinking”. It was engaging and interactive. — Donna Tanner

It’s a great process to shift energy between us (my son). I feel lighter. It’s like Magic. — Heather J

## CONTACT

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