



Inspiring audiences to:

- Live authentically
- Make courageous decisions
- Strengthen resilience
- Create vibrant health



DEANNA WON

SPEAKER • LEADERSHIP CONSULTANT • HOLISTIC HEALTH COACH

LOVE YOUR LIFE, LIVE IN HEALTH

“Deanna is an eloquent and inspirational speaker who is touching the lives of many.”

— George Yu, M.D.
Aegis Medical & Research Associates, Clinical Professor of Urology, George Washington University Medical Center



“Deanna has much to say about healing... her vibrant faith fuels her desire to help others regain their health and live productive lives.”

— Brenda Hunter, PhD
Internationally Published Author & Psychologist

TOP PRESENTATION TOPICS

Authenticity and Why It Matters

Do you struggle with saying what you really think and feel when you know it isn't what others want to hear? Gain the self-awareness needed to find your own voice. Develop the courage to speak your voice and experience higher self-esteem, improved interpersonal and working relationships, and greater fulfillment on the job and at home.

Courageous Decision-Making

How do you gain the courage to make those truly challenging decisions? Do the outcomes of those decisions keep you awake at night? Learn how to move from fear to freedom in decision-making. Gain the inner awareness and strength required to make decisions that align with you and your core values.

Stress, Resilience, and Post-Traumatic Growth

Have you gone through a traumatic experience that has shaken you to your core? Resilience is what allows you to optimally navigate through trauma so that you come through stronger on the other side. Discover how to reframe the experience and develop internal stamina to not only survive, but thrive. Learn how to effectively manage stress while improving agility and flexibility in mind, body, and spirit.

Eight Principles to Vibrant Health

Do you struggle with lingering health issues that don't seem to get better, no matter what you have implemented? Do you often wonder what foods are best suited for your health condition but don't know where to start? This presentation provides practical, proven strategies to help you pave that path toward creating a healthy mind, body, and spirit. Experience newfound confidence as you regain your health in a holistic and comprehensive approach.

MEDIA APPEARANCES



HEALTH PROFESSIONAL RADIO





Deanna's Partial Client List



U.S. Air Force Academy graduate, former Colonel and physicist, Deanna Won has 30 years experience in lasers, electro-optics, satellite launch, missile defense, NATO operations, and chemical, biological, and nuclear defense. She is an ovarian cancer survivor, recovering out of hospice when given only 4 weeks to live. Being given a second chance at life fuels Deanna's passion to inspire and empower others to live a purposeful and vibrant life.

“Deanna offers spiritual strength and expertise to both patients and health care providers through her informed life, speaking, and holistic health coaching.”

— Rodger Stenger MA, MDiv, BCC
Palliative Care Chaplain, Amedisys and Johns Hopkins Hospital



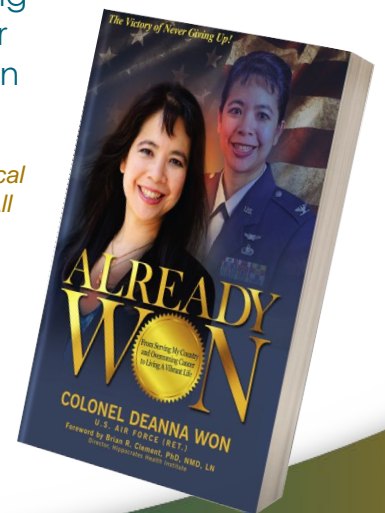
Deanna provides customized presentations to:

- Healthcare organizations
- Universities and schools
- Government
- Businesses
- Military/Veteran groups
- Women's groups
- Churches

“Deanna's journey is inspiring and a true testament to her tenacity in seeking to heal in mind, body, and spirit.”

— Kelly Turner, PhD
New York Times Bestselling Author of *Radical Remission: Surviving Cancer Against All Odds*

Deanna is an Amazon #1 international bestselling author of *Success University for Women in Leadership*, honored Woman of the Year 2015-2016 by the National Association of Professional Women.



Book & Stay Connected with Deanna Won

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Upcoming book: "Already Won: From Serving My Country and Overcoming Cancer to Living a Vibrant Life"